

# NORTHCREST ORTHOPAEDICS

501 NorthCrest Drive  
Springfield, TN 37172  
615-382-5204 615-382-4952 fax#

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## THINGS YOU NEED TO KNOW BEFORE SURGERY

- ◆ We have scheduled your surgery for \_\_\_\_\_ with Dr. \_\_\_\_\_ at NorthCrest Medical Center.
- ◆ If your physician gave you orders for pre-operative testing please take the orders in this packet with you to the hospital. You should have your testing and pre-registration done 3-4 days prior to your surgery. **Please note not all patients need to have pre-op testing.**
- ◆ The Same Day Surgery Department is located on the first floor of the medical center past the lobby elevator and the cardio pulmonary department. Office Hours are Monday-Friday, 8am to 4pm.
- ◆ I will call your insurance company to check eligibility and to pre-authorize your surgical procedure. If I have any problems with your insurance I will contact you, otherwise if you don't hear from me your insurance has approved the procedure and we can proceed.
- ◆ You will see I have enclosed a brochure from NorthCrest Medical Center outlining your Same Day Surgery. This explains about pre-registration, the day before your surgery and day after. Please take a moment to read over this brochure.
- ◆ Same Day Surgery Team will call you 3 days before your scheduled procedure to tell you exactly what time you need to report to the hospital. Your doctor's office can only estimate the time your case may begin. If you have not heard from a same day surgery team member by noon the day before your scheduled procedure, please call (615) 382-2517.
- ◆ I have already scheduled your 1<sup>st</sup> post-operative appointment for 10-14 days after your surgery. The appointment card is included in your packet. It is very important for you to return to the office for that 1<sup>st</sup> post-operative appointment so the physician may check your incision site and take out stitches if applicable.
- ◆ **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE.** Be sure to take your blood pressure, heart, and seizure medicines with a sip of water when you get up the day of your procedure.
- ◆ You will need someone to drive you home after your procedure. You will not be allowed to drive for 24-48 hours after surgery. You may be drowsy the rest of the day so you may want to arrange for someone to stay with you.
- ◆ After you are released from the hospital, if you notice any drainage, redness, have fever, or generally don't feel right. Call the office immediately at 615-382-5204, if it is after hours you may go directly to the emergency room or call NorthCrest at 615-384-2411 and have the doctor on call paged.
- ◆ If you should need to cancel your surgery date please call me immediately so we can open that slot up for someone else. If you have any pre-operative questions please don't hesitate to call me.

Trudessa Jackson, 615-382-5204  
Surgical Coordinator